



BREAKFAST 9AM-4PM

- Bacon or Sausage Sandwich** £4.95
Want more? Add some sides!
- Eggs On Toast** £4.50
Two eggs poached, scrambled or fried.
- Porridge** £3.95
With honey or maple syrup.

LIGHT OPTIONS

- Greek Yogurt** £3.95
With fruit compote and granola and honey.
- Toast** £2.50
And selection of jam.
- Teacake** £1.95
- Cookie/Cookie & Coffee** £2.00/£3.95

SQ COMPLETE BREAKFAST £9.95

A Hot Breakfast with your choice of cold juice and hot drink!

- Full or Half Westcountry Breakfast** £5.95/£7.95
2 of each, bacon, sausage, eggs with mushrooms, grilled tomatoes, beans, hash browns and a slice of toast.
- Belgian Waffles** £6.75
Traditional Belgian waffles with maple syrup and crispy bacon.
- Eggs Benedict, Florentine or Royal** £6.95/£6.95/£7.95
Two poached eggs, toasted muffin, freshly made hollandaise sauce with either, westcountry ham, wilted spinach or Great British foods award winning smoked salmon 2017.
- French Toast** £6.75
Served with Bacon and maple syrup.
- Smoked Salmon Kedgeree** £7.95
Slices of Great British foods award winning smoked salmon, sautéed with shallots and garlic, basmati rice, a touch of Indian spice, fresh herbs and topped with a poached egg.
- Kippers** £6.95
Grilled with two poached eggs, brown toast with dill and black pepper butter.
- Full or Half Veggie Breakfast** £6.95
2 eggs, veggie sausages, with a tomato, mushrooms, beans, hash brown and a slice of toast.
- Why not add a side of Bacon, smoked salmon, spinach, sautéed forest mushrooms or feta and guacamole?**

Want to enjoy a free breakfast on us? Ask about the SQ Loyalty Card!

BREAKFAST HASH

An amazing one pan breakfast, all with fried onions, potatoes, herbs and Stokes brown sauce.

- All Things Pig** £7.25
Smoked bacon, black pudding, slow cooked pork belly, sausage and a fried egg.
- Brisket Hash** £7.25
Beef brisket new potato hash with coriander, onions and garlic with a fried egg.
- Duck Hash** E/M £7.25
Confit duck with new potatoes, spring onions, garlic and parsley served with brown sauce and a fried egg.
- Veggie Hash** £7.25
New potatoes, herbs, kale, spinach and feta cheese with smashed avocado and a fried egg.

STARTERS 11AM

- Buttermilk Chicken** G/E/M/MU £5.95
Fried oat coated buttermilk chicken served with coleslaw.
- River Exe Mussels Marinere** G/L/M/SU £6.95
Cooked in white wine, cream and garlic with crusty bread.
- Soup** £4.95
A large bowl of our house soup with fresh bread.
- King Prawns** C/F £6.25
King prawns with a Chinese leaf, pak choi, lime and chilli stir fry.
- Hummus & Olives** £5.95
With salad and toasted pitta bread.
- Lamb Pitta** C/G/L/M/MU £6.50
Braised lamb shoulder, griddled pitta, apricot couscous with a café de paris butter and a cucumber and coriander yoghurt.

SHARING PLATES 11AM

- Baked Camembert** C/G/L/MU/M/SU £10.95
Whole baked camembert served with crusty bread, homemade celery and sage pickle.
- Antipasti** C/G/L/MU £6.95/£12.50
Selection of cured meats, olives, shaved parmesan with salad and freshly baked focaccia.
- SQ Chilli Beef Brisket Nachos** C/G/F/MU £6.95/£12.75
12 hour slow cooked beef brisket chilli with melted cheese, tortilla chips, guacamole, sour cream, salsa and jalapeno peppers.
- Vegetable Sharing Platter** C/G/L/MU £11.95
Vegetable samosas, onion bhajis, falafels, griddled focaccia, mango chutney and mixed leaf salad. Add prawns, chicken or halloumi cheese for £3.95 each.
- Local Seafood Platter** C/G/F/L/MO/MU £15.95
Great British foods award winning smoked salmon, cod bon bons, sriracha chilli prawn skewer and a bowl of mussels steamed with garlic and herbs. Served with chive crème fraiche seasonal salad and fresh bread.

SANDWICHES & SALADS 11AM

- B.L.T.** G/L/MU £7.50
Bacon lettuce tomato and mayo in a freshly baked baguette.
- Fish Finger Sandwich** G/L/MU/SU £8.95
Breaded cod fillet, served with tartar sauce and rocket in a floured bun.
- Philly Steak & Cheese Sandwich** G/L/MU/SU £8.95
Slices of steak with mustard and onions grilled emmental served in a soft roll with fries and a dill pickle relish.
- SQ Signature Burger** C/G/L/MU £9.95
Your choice of beef or chicken served with baby gem lettuce, beef tomato, pickles and relish in a toasted bun with fries or hand cut chips. Add bacon, cheese or grilled field mushrooms for £1 each. Chilli beef brisket £2.50.
- Spicy Bean Burger** £8.95
Homemade vegan spicy bean burger with baby gem lettuce, beef tomato, pickles and relish in a toasted bun with fries or hand cut chips. Add grilled field mushrooms for £1.
- SQ Signature Classic Club** G/L £8.95
Bacon, chicken, egg, lettuce and tomato, toasted white bloomer.
- Open Steak Sandwich** G/L/MU £10.95
4oz fillet steak, mayo, lettuce, red onions, pickles & poached or fried egg on granary bread.
- Westcountry Cheese On Toast** G/F/L/MU/SU £7.25
Choose from either Cornish Brie, Devon Blue or Somerset Barbers Cheddar, served with fried or poached egg.
- Caesar Salad** G/F/L/M/MU/SU £6.95
Classic Caesar salad with anchovies, baby gem lettuce, thyme roasted croutons, bacon lardons, parmesan and Caesar dressing. Add chicken breast or smoked salmon for £3.95. Can be made vegetarian.

SQ Bottomless Prosecco £25

Have your fill with a bottomless glass of Prosecco and meal. Valid with any meal tagged with For 1 1/2 Hours, 9am-5pm

MAINS 11AM

- SQ Signature Potato Crusted Cod** G/L/SU £12.75
Pan fried cod with potato crust, marrowfat pea puree, balsamic seasoning and onion bhaji.
- Fillet Steak** £11.50/21.95
1/2 or whole peppered fillet steak, served rare with peppercorn sauce, french fries and roasted carrots.
- Vegetable Moussaka** C/M/MU £10.95
Layers of grilled aubergine with a vegetable ragu topped with gruyere cheese and garlic chargrilled focaccia.
- North Devon Sausages** C/G/L/M/MU £6.95/£9.25
Caramelised apple, seasonal veg and a wholegrain mustard sauce.
- Cottage Pie** C/L/M/MU £10.95
Prime English beef mince in a rich gravy topped with glazed potatoes and served with seasonal vegetables.
- SQ Signature Calves Liver & Bacon** C/SU £11.50
Pan fried calves liver, smoked streaky bacon, creamy mash, rich onion gravy and seasonal veg.
- Mac & Cheese** G/L/M £6.75/£8.95
Classic mac and cheese in a rich, creamy cheese sauce finished with our 3 cheese blend and slow roasted tomato. Served with salad.
- Mixed Veggie Grill** MU £10.95
Chargrilled seasonal vegetables, halloumi cheese, guacamole dip, seasonal salad with fries or hand cut chips.
- Fresh Pasta** G/L £9.95
Ask for today's fresh pasta.
- SQ Signature Curry** C/G/MU/SU £7.75/£10.75
Our take on the classic Chicken Tikka Masala, medium spiced served with coconut pilaf rice, naan and chutney. Add onion a bhaji or vegetable somosa for £1.50.

SMALL APPETITE 11AM

- Breaded Cod** £6.50
Served with fries, peas or baked beans and homemade tartare sauce.
- Sausages** £6.50
Served with fries and peas or baked beans.
- Mussels Marinere** G/L/M/SU £6.95
Local mussels cooked with white wine, garlic and cream and served with bread.
- Macaroni Cheese** G/L/M £6.50
Served with salad.
- Cottage Pie** C/L/M/MU £6.95
Served with seasonal vegetable.
- 4oz Fillet Steak** £10.95
Served with fries and peas or baked beans.
- Chef's Curry** C/G/MU/SU £7.75
Our tasty house curry served with basmati rice and toasted naan bread.
- Mixed Vegetable Grill** MU £7.50
Grilled vegetables served with salad, guacamole and hand cut chips or fries.

SIDES

- Mushrooms & Blue Cheese** £3.95
- Dauphinoise Potatoes** M/GA £3.50
- Side Of Mac & Cheese** G/L/M £4.50
- Fries Or Hand Cut Chips** £2.75
- Toasted Focaccia** £3.50
With garlic and rosemary.
- Tempura Onion Rings** G £3.50
With curry mayo.
- Chilli Beef Cheese Fries** £5.25
Topped with brisket chilli and three cheese melt.
- Bread & Butter** £1.50
- Sweet Potato Fries** £3.50
- Green Salad** £2.95
- Seasonal Veg** £2.95
- Padron Peppers** N £3.95
With sea salt toasted almonds.
- New Potatoes** M/GA £3.50
With garlic and herb butter.
- Green Beans** M/GA £3.50
Served with shallots and garlic butter.

SUNDAY ROAST 12pm

Our slow roasted choice of meat, served with seasonal vegetables, roast potatoes, Yorkshire pudding and gravy.

£9.95-£11.95

Want to enjoy a free roast on us? Ask about the SQ Loyalty Card!

C: Celery G: Gluten CR: Crustaceans E: Eggs F: Fish L: Lupin M: Milk MO: Molluses MU: Mustard N: Nuts P: Peanuts S: Sesame Seeds SO: Soya SU: Sulphur Dioxide GA: Garlic

Any allergen in RED the allergen cannot be substituted. Any allergen listed in BLACK can be substituted.